



Apostles Lutheran Preschool

November 3 - 5, 2009



Nutrition First!

The theme for the week was nutrition. We learned about all the food groups and what we need to eat to help our bodies grow big and strong. We talked about how our mom and dad's cars need gas so they can go...well, food is our gas that makes us go. We also talked about that sugars and fats are a very small part of our food pyramid...a little is okay, but too much is not good!!! The kids had fun making their snacks this week. They made peanut butter and jelly tortilla rollups, and their own pizzas. During work time they also made pretend pizzas, and put them in the oven to dry.

The letter for the week was "Nn"... November, nutrition it worked out perfect. On Wednesday the children made noodle necklaces. Next week our letter will be "Oo"

The Bible lesson this week was how God provides food for His people. We hear how the Israelites start complaining to Moses because they do not have enough food. God kept His promise to them that He would take care of them. Ask your children what kind of food God provided in the evenings and what He provided on the ground in the morning. God told them to take only enough food in the morning for the whole day, no extra....ask what happened when they didn't trust God and took more!!! Bible treasure - "Give us this day our daily bread."



Food Bank

Each year we gather nonperishable food for the Food Bank in November. If you would like to take part please bring your items and put them in the box in the preschool entryway. What a wonderful way to show God's love.

The last day for collection is Nov.19.



Parent-Teacher Conferences
Please check out the schedule in the preschool entryway and sign up. If you have any questions or conflicts please let Mrs. Scott know.

November!

November is a fun month filled with fun classroom activities.

November 5 - Pizza party (make our own)

November 12 - Popcorn Day (popcorn activities)

November 19 - Share Day (bring something from home that you would like to show your classmates...must fit in a backpack)

November 25 & 26 - NO SCHOOL
Thanksgiving Holiday